

# **Effective Leaders**

**Qualities of an Effective Leader in School Lunches**  
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# Public Speaking



For someone to be an effective leader, they need to be good at public speaking in order to make their thoughts known to the public.

Public speakers should be...

## ➤ Confident

- You should plan a speech out in order to become confident about what you are saying.

## ➤ Brief

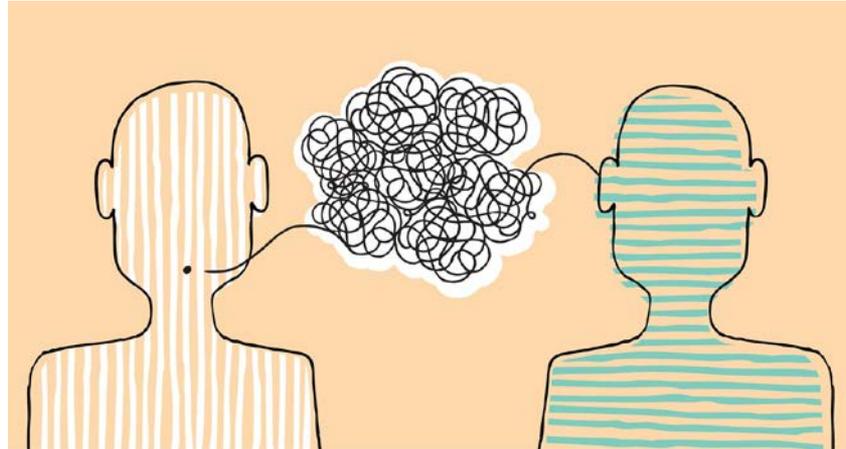
- Keep it short and simple so the audience doesn't get bored.

## ➤ Sincere

# Communication and Listening Skills

Communication and listening skills are what makes a leader effective, and is used in order to help solve problems, and make directions and purposes clear to the people you are leading.

Listening is very important for people to work together properly and analyze a situation.



# Persuasive and Negotiation Skill



Persuasive skills are necessary if you want your ideas to change something. People need to agree with you, because you can't change big issues on your own. You need to know exactly what you are talking about or else people won't be confident in your abilities or ideas.

You need to Negotiate in order to get closer to your goal, you have to know what things that you'll have to give up in order to get closer to what you want.



# Ability to Resolve Conflict

Nothing gets done if people are fighting, and it takes a good leader to be able to resolve conflicts, become stronger, and move onwards.

To be able to resolve conflict leaders need to...

## ➤ Listen

- So that you understand the other side

## ➤ Be patient

- Don't be angry, because then you won't understand

## ➤ Be open minded

- Compromise



# Leadership at Work

Leadership skills can be used anywhere from in the classroom to in the White House, and one example of a local problem that we need an effective leader to change is in school lunches.

If a leader is passionate about school lunches, and goes out to make a change, then it will affect both the Public and effectiveness of the government. Changes for the lunches can be made through the Maryland General Assembly by creating a bill to be passed and wait for it to be made into a law.

# How does Persuasion and Negotiation relate to Lunches?

Ed Sipe, a staff member of a school was not satisfied with the quality of school lunches, so he negotiated with the state sponsors and stated that planting their own food would not only be healthier, but it was also an educational opportunity for the students to learn. He was given the opportunity to grow vegetables and fruit naturally with the children attending the school.

“Their teacher, Ed Sipe, said at first many of the kids just thought vegetables came from cans. Now they all love gardening and eating fresh vegetables and some have even started a garden of their own at home.”





# How does it all tie together?

This video is a great example of how all the qualities of a good leader, and other schools are most likely to follow their example.

<https://youtu.be/2IB7NDUSBOo>

**The End**

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